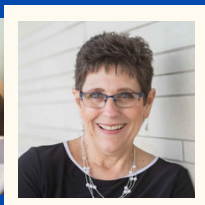


# LEADERSHIP DEVELOPMENT AND COACHING

This is what I do ....



# TRUST

can have a very real impact on your bottom line. Research from the Harvard Business Review reveals that when an office has high trust levels, employees are 50 percent more productive, 76% more engaged, and have 74% lower stress levels than those in low-trust environments.

## GETTING TO THE HEART OF IT!

1:1 Coaching strengthens self-awareness and self-management. This requires significant trust in both the coach and the client.

Team Coaching builds trust, aligns a common purpose, establishes an inspiring vision, creates healthy team relationships with clearly defined roles, and more...

**Coaching** with **HEART**

🖥️ [coachingwithheart.net](http://coachingwithheart.net)

✉️ [deb@coachingwithheart.net](mailto:deb@coachingwithheart.net)

📅 <https://coachingwithheart.youcanbook.me>